

## NATURAL HISTORY

## Summer

(June, July, August)

"We'll talk of sunshine and of song, and summer days, when we were young." Wordsworth

This is the most prolific season for most of our wildlife with large numbers of flowering plants in a rich selection of colours, birds busy raising their young and invertebrates and mammals at their most active.

The park has benefited from sowing and planting of wild flowers to add to species which were already present. While spring flowers are mainly pastel shades, in summer we are treated to an outburst of all shades and colours, especially in the damp meadow. All the various habitats within the park display different species because they provide different living conditions.

The wooded area at the top of the park has few flowers in summer compared with other habitats. There are more spring flowers such as wood anemone, herb bennett and lords and ladies. The canopy of leaves blocks the light and the only ground plants that thrive are brambles, ivy and ground ivy with a pretty blue flower.

Some early flowering plants including lords and ladies, dandelions and field maples have now developed their fruits.

The delph hole in the middle of the park is predominantly inhabited by stinging nettles. Though these can cause pain to us they are a wonderful food plant for some of our butterflies eg. small tortoiseshells. There are also great willowherb and elder bushes whose heavy cream flowers give off a heady perfume on June days.

On warm summer days you can see many different kinds of insects amongst the vegetation including hoverflies (look like wasps but are harmless flies), shield bugs and grasshoppers.



The shrub plantation near the sundial has

several species that we don't find elsewhere

in the park eg. yarrow, birdsfoot, trefoil and

The damp meadow has been sown with

flower seeds which would have been common

in hay meadows before the days of selective

weedkillers and artificial fertilisers. The area is

not moved from springtime until autumn. This

allows for a grand show of colour from the 15

species that have thrived from the planting.

Insects are especially abundant in the damp

meadow including bumble bees, butterflies.

ragwort.

Red Clover

Autumn

Rowan

front cover).

There are still some flowers to be found.

important for birds feeding in late winter.

The scarlet pimpernel flower (on the top

The common toadflax is at its best during

summer but can also be found in autumn

as can red campion. Both do well in the

Hedge bindweed is hated by gardeners

because of its rampant growth. It does nevertheless give a wonderful show

path near Melton Rd) is only about 5

(September, October, November)

'Autumn is a second spring when every leaf's a flower." Albert Camus

Season of mellow colours; gold, russet and red predominate. Most flowers and plants have now set their fruit, many of which act as food for birds during the coming winter. The birds and plants help each other; the birds get to eat and the plants get their seeds distributed through the birds' droppings! The dog rose beside the fence and common rowan give a spectacular show with their red fruits.

Crab Apples

There are crab apple trees in the park along the top path. Their fruits change from green to yellow as they drop off.

The autumn is the best time for fungi. They are found near the northern end under the mature trees.

Spiders can be found from spring to autumn. Autumn dews make their webs look magical.

Shield bugs are common in the park particularly amongst the hawthorn bushes along the top hedge.

Galls on the underside of an oak leaf are caused by a wasp which is about 2 mm long. The female wasp lays eggs on the underside of oak leaves stimulating the growth of a gall. The emerging wasps live in the gall until

> the leaves drop. Galls are common among the small oak trees planted along the top path.



(December, January, February)

"See winter comes to rule the varied year, sullen and sad, with all his rising train." **James Thomson** 

Most poetry on the subject of winter seems to focus on the 'sullen and sad' aspects of the season. It must have been tough for our ancestors before the age

of electric lighting and central heating. Indeed it is a season when most of nature rests; surviving rather than flourishing. For plants and animals it generally means shutting down or slowing down. It is a quiet time in the Millennium Park.

There are few wild flowers in bloom during the three darkest months. Snowdrops are one notable exception. Also if the autumn has been mild, plants such as hogweed can show late growth and support some flowers into December. Perennial flowering plants will have died back though new leaves may start to show as winter progresses. Annual and biennial plants will have shed their seed which will be waiting for the lengthening days to germinate.

Most of the trees and shrubs in the park are deciduous and by December they will have shed their leaves though some may hang on to the dead leaves until new buds burst in the spring Some such as sycamore

Ivy Fruit

may hang on to their seeds into winter. Those which produce berries will still have some left providing food for the birds. Ivy berries ripen in winter and provide food when other berries have gone. Some trees such as hazel have catkins during the winter months. The crab apples which litter the ground miraculously vanish shortly after the field fares and redwings arrive from northerly lands.

Most of our mammals such as badgers and rodents (e.g. voles, shrews, mice, rats, squirrels) become less active while others such as dormice and bats hibernate. Some of these will bury their winter provisions or otherwise store them for the winter. Incidentally, this is one mechanism which helps plants to reproduce, using the animals to sow their seed

Frosted Beech Leaves

for them!

Thrush's Anvil

The molluscs (slugs and snails) are inactive in the winter with some species hibernating. Snails which hibernate secrete a thick mucous which seals the opening in the shell. The photograph of a collection of snail shells is a sign of a song thrush feeding on brown-lipped snails. This is one of the most common snails in the park. You may notice pebbles which are being used as a 'thrush's anvil' to beat the snail out of its shell. You may also see that some snails are brown, some are pink and others are yellow but all are brown-lipped.

Other forms of life which can be seen in winter are fungi and lichens. There are over 1,500 species of lichen in Britain. Each species is a combination of a fungus in symbiosis with an alga which cannot exist independently. The alga uses the sun's energy to synthesise sugar to feed itself while also providing vitamins and sugar to the fungus. In return the fungus protects the alga from sunlight and from drying out. Some species are so similar visually that they can only be identified by microscopic dentification or using chemical indicators.





Market - man

The English oak is identified by acorns on long stalks and leaves on short stalks. This is the sort that is in the park. It is called the pedunculate oak which means the acorns are stemmed like a pipe. The other common oak, the sessile oak has stalkless acorns and long leaf stalks. As autumn progresses the leaves on deciduous trees change colour with their variety of colours.

Redwing

Snow Drops

Lichen

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Lords and Ladies Fruit